



# SLEEP AND ALERTNESS CENTER

## Meet McLaren

The Sleep and Alertness Center has been fully accredited by the American Academy of Sleep Medicine for more than 20 years.

Our staff consists of board-certified sleep physicians and registered polysomnographic technologists with more than 85 collective years of knowledge in the sleep field. Many staff members regularly participate in national and international conferences and projects.

### HOW TO REFER:

Find LN23 - MGL Sleep Center in Cerner, visit [mclaren.org/careconnect](http://mclaren.org/careconnect), or call (517) 975-3386.

### Services focus on identifying many common sleep disorders including, but not limited to:

- Obstructive sleep apnea
- Narcolepsy
- Periodic limb movements
- Restless leg syndrome
- Insomnia
- Pediatric sleep disorders

### Contact:

Sleep and Alertness Center  
3101 Discovery Drive Suite 500  
Lansing, MI 48910

Phone: (517) 975-3386  
Fax: (517) 975-3390



Salah  
Aboubakr, MD,  
FCCP, FAASM

### Consultative services:

Our physicians can conduct a comprehensive clinic interview and review of the patient's sleep and medical history, symptoms, and sleep patterns prior to any sleep study to determine which diagnostic sleep testing would be beneficial.

At your request, our physicians will do a one-time follow-up appointment or continuous follow-up appointments to support your patient regarding any treatment recommendation the patient has elected to utilize.