

# 2024

## SOUTHEASTERN REGION COMMUNITY RESOURCES GUIDE



**Encompassing Livingston, Macomb, Oakland, Wayne and St. Clair Counties**



# McLaren Resources

## **Karmanos Cancer Institute**

<https://www.karmanos.org/karmanos/karmanos-home>

(800) 527-6266

## **McLaren Breast Care Appointments**

<https://www.mclaren.org/main/breast-care>

## **McLaren Breast Center - Clarkston**

<https://www.mclaren.org/main/locations/mclaren-breast-center-clarkston-medical-building-74>

(800) 625-2736

## **McLaren Breast Center - Macomb**

<https://www.mclaren.org/main/locations/breast-center-imaging-mclaren-macomb-hospital-camp-438>

(800) 625-2736

## **McLaren Breast Center – Port Huron**

<https://www.mclaren.org/main/locations/breast-imaging-center-mclaren-port-huron-campus-473>

(810) 985-2663

## **McLaren Greater Lansing**

<https://www.mclaren.org/lansing/mclaren-greater-lansing-home>

(517) 975-6000

## **McLaren Home Care and Hospice**

<https://www.mclaren.org/main/home-care>

(866) 323-5974

## **McLaren Macomb Hospital**

<https://www.mclaren.org/macomb/mclaren-macomb-home>

(586) 493-8000

## **McLaren Oakland Emergency Clarkston**

<https://www.mclaren.org/main/locations/emergency-department-at-mclaren-clarkston-77>

(248) 922-6880

## **McLaren Oakland Hospital**

<https://www.mclaren.org/oakland/mclaren-oakland-home>

(248) 338-5000

## **McLaren Oakland Lake Orion Nursing & Rehabilitation**

<https://www.mclaren.org/lake-orion/lake-orion-nursing>

(248) 693-0505

## **McLaren Oakland Occupational Health/Urgent Care Oxford Campus**

<https://www.mclaren.org/main/locations/occupational-healthoxford-604>

(248) 628-3000

## **McLaren Oakland Senior Perks Membership Program**

[senior.perks@mclaren.org](mailto:senior.perks@mclaren.org)

(248) 338-5000

## **McLaren Port Huron**

<https://www.mclaren.org/port-huron/mclaren-port-huron-home>

(810) 987-5000

## **McLaren Rehabilitation Services Lansing**

<https://www.mclaren.org/main/locations/mclaren-greater-lansing-rehabilitation-health-well-1472>

(517) 975-1590

## NATIONAL AND STATE RESOURCES



### Emergency Services

<https://www.911.gov>

**9-1-1**

#### 24-Hour Crisis Line

Abuse and Protective Services  
Parenting/Pregnancy Resources

<https://www.wrcnm.org>

(800) 275-1995

#### Action Agency

Housing Assistance

<https://www.micommunityaction.org/>

(517) 321-7500

#### Adaptive Environments – Home Lift Systems

Medical Equipment & Loan Closets

<https://www.adaptive-environments.com>

(800) 355-5438

#### Alcoholics Anonymous

Substance Abuse

<https://aa.org>

(800) 356-9996

#### ALS of Michigan

Medical Equipment and Loan

Closets, Support Groups

<https://www.alsofmichigan.org>

(248) 354-6100

#### Alzheimer's Association and Helpline

Adult Aging Services, Support Groups

<https://www.alz.org>

(800) 272-3900

#### American Cancer Society Road to Recovery (Transportation)

Transportation

<https://www.cancer.org>

(800) 227-2345

#### American Red Cross

Emergency and Disaster Services

Food Pantries, Clothing and

Household Items, Housing

Assistance

<https://www.redcross.org>

(800) 733-2767

#### Area on Aging

Adult Aging Services, Food Pantries,

Clothing and Household Items,

Housing Assistance, Support

Groups, Transportation, Veteran

Affairs

<https://www.4ami.org>

#### Autism Society

Disability and Special Needs

Resources, Support Groups

<https://www.autism-mi.org>

(800) 328-8476

#### Boys Town National Hotline

Mental Health and Counseling

<https://www.boystown.org>

(800) 448-3000

#### Center for Civil Justice

Legal Assistance

<https://ccj-mi.org/>

(800) 724-7441

#### Centers for Disease Control and Prevention

Healthcare Services, Substance

Abuse

<https://www.cdc.gov>

(800) 232-4636

#### CHAMPVA

Veteran Affairs

<https://www.va.gov>

(800) 733-8387

#### Child Safety Seat Inspection

Parenting/Pregnancy Resources,

Transportation

<https://www.nhtsa.gov/TheRightSeat>

at

(866) Seat-Check

#### Children & Adult Protective Services

Abuse and Protection Services

<https://www.michigan.gov>

(855) 444-3911

#### Children's Special Healthcare Services

Disability and Special Needs

Resources, Healthcare Services,

Parenting/Pregnancy Resources

<https://www.michigan.gov/mdhhs/assistance-programs/cshcs>

(800) 359-3722

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## NATIONAL AND STATE RESOURCES

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### **Common Ground Crisis Line**

Abuse and Protective Services,  
Mental Health and Counseling  
Services, Support Groups  
<https://www.commongroundhelps.org>  
(800) 231-1127

### **Compassionate Friends (Parent's Grief Group)**

Support Groups  
<https://www.compassionatefriends.org>  
(877) 969-0010

### **Dental Lifeline Network (low income; severe problems only)**

Dental Resources  
<https://www.dentallifeline.org>  
(303) 534-5360

### **Disability Network of Michigan**

Disability and Special Needs  
Resources, Support Groups  
<https://www.dnmichigan.org>  
(800) 782-4160

### **Early on-Helping Babies and Toddlers Stay on Track**

Parenting Resources  
<http://1800earlyon.org/>  
(800) 327-5966

### **Epilepsy Foundation of Michigan**

Support Groups  
<https://www.epilepsymichigan.org>  
(800) 377-6226

### **Equality Michigan**

Abuse/Protective Svc, Support  
Groups  
<https://www.equalitymi.org>  
(313) 537-7000

### **Food Bank Council of Michigan**

Food Pantries  
<https://www.fbcmich.org/>  
(517) 485-1202

### **Gigi's Playhouse**

Disability/Special Needs Resources,  
Medical Equipment/ Loan Closets  
<https://www.gigisplayhouse.org>  
(847) 885-6149

### **HAP Senior Plus**

Adult Aging Services  
<https://www.hap.org>  
(800) 868-3153

### **HAVEN Crisis Line**

Abuse and Protective Services,  
Support Groups  
<https://www.haven-oakland.org>  
(877) 922-1274

### **Heat and Warmth Fund**

Housing Assistance  
<https://www.thawfund.org>  
(800) 866-8429

### **HUD Rental Assistance**

Housing Assistance  
<https://www.hud.gov>  
(800) 569-4287

### **LARA – Department of Licensing and Regulatory Affairs**

Adult Aging Services  
<https://adultfostercare.apps.lara.state.mi.us/>

### **LA LECHE**

Parenting/Pregnancy Resources  
<https://www.llli.org>  
(800) 525-3243

### **Legal Services of Eastern MI**

Legal Assistance  
<https://lsem-mi.org>  
(800) 322-4512

### **LGBT Hotline**

Abuse and Protective Services,  
Support Groups  
<https://www.lgbthotline.org>  
(888) 843-4564

### **LifeSource Direct Rx Discount Card-uninsured/underinsured**

Pharmacies and Prescription  
Assistance  
<https://lifesourcedirect.com>  
(866) 340-4748

### **Love is Respect Hotline**

Abuse and Protective Services,  
Support Groups  
<https://www.loveisrespect.org>  
(866) 331-9474

### **MDHHS Native American Affairs Office**

Tribal Services  
<https://www.michigan.gov/mdhhs/fag/native-american-affairs>  
(517) 335-7782

### **Meals on Wheels**

Adult Aging Svc, Food Pantries,  
Clothing/Household Items  
<https://www.mealsonwheelsamerica.org>  
(800) 632-7334

### **Medicare**

Adult Aging Services  
<https://www.medicare.gov>  
(800) 633-4227

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## NATIONAL AND STATE RESOURCES

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### **Medicare/Medicaid Assistance Program**

Adult Aging Services, Disability and Special Needs Resources, Pharmacies and Prescription Assistance

<https://www.mmapinc.org>

(800) 803-7174

### **Michigan Alliance for Families**

Disability and Special Needs Resources, Parenting/Pregnancy Resources

<https://www.michiganallianceforfamilies.org>

(800) 552-4821

### **Michigan Assistive Technology Loan Fund**

Medical Equipment & Loan Closets

<https://www.mi-ucp.org>

(800) 827-4843

### **Michigan Coalition to end Domestic & Sexual Violence**

Abuse and Protective Services

<https://www.mcedsv.org>

(517) 347-7000

### **Michigan Commission for the Blind**

Disability and Special Needs Resources, Vision Assistance

<https://www.michigan.gov>

(800) 292-4200

### **Michigan Commission for the Deaf**

Disability and Special Needs Resources

<https://www.michigan.gov>

(313) 437-7035

### **Michigan CPAP Bank CPAP, BiPAP, ASV, AVAPS and Supplies**

Medical Equipment & Loan Closets

<https://pranavmayuram.github.io/UMich-CPAP-Bank/public/#/mission>

(734) 232-3964

### **Michigan Department of Civil Rights**

Legal Assistance, Tribal Services

<https://www.michigan.gov/mdcr>

(517) 335-3165

### **Michigan Department of Education – Office of Special Education**

Disability and Special Needs Resources

<https://www.michigan.gov/mde/services/special-education>

(833) 633-5788

### **Michigan Donated Dental Services Program**

Dental Resources

<https://www.michigandental.org>

(517) 346-9454

### **Michigan HIV/STD Hotline**

Clinics and Hospitals

<https://www.miunified.org/resources/hotline>

(800) 872-2437

### **Michigan Indian Employment and Training Services**

Tribal Services

<https://www.michigan.gov/mdhhs/inside-mdhhs/tribal-government-services-and-policy>

(800) 591-8820

### **Michigan Indian Legal Services Hotline**

Legal Assistance, Tribal Services

<https://www.mils3.org>

(231) 947-0122

### **Michigan Indian Tuition Waiver**

Tribal Services

<https://www.michigan.gov/mdcr/divisions/dei/indian-tuition-waiver>

(517) 241-7748

### **Michigan Senior Legal Hotline**

Legal Assistance

<https://www.elderlawofmi.org>

(866) 400-9164

### **Michigan United Way**

Michigan Resources

<https://www.unitedway.org/local/united-states/michigan>

2-1-1

### **Michigan Veteran Affairs**

Veteran Affairs

<https://www.michigan.gov/mvaa>

(800) 642-4838

### **Military One Source**

Mental Health and Counseling Services, Legal Assistance, Parenting/Pregnancy Resources, Veteran Affairs

<https://www.militaryonesource.mil>

(800) 342-9647

### **MiRx Discount Card**

Pharmacies & Prescription Assistance

<https://www.mihealth.org/mirx>

(877) 681-7540



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## NATIONAL AND STATE RESOURCES

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### **MSHDA: Step Forward**

Financial Assistance

Housing Assistance

<https://www.stepforwardmichigan.org>

(855) 646-7432

### **Muscular Dystrophy Association**

Disability and Special Needs

Resources, Medical Equipment and Loan Closets

<https://www.mda.org>

(800) 572-1717

### **Narcotics Anonymous 24/7**

Abuse and Protective Services,

Mental Health and Counseling

Services, Substance Abuse, Support Groups

<https://www.na.org>

(800) 230-4085

### **National Alliance on Mental Illness**

Mental Health and Counseling

Services

<https://www.nami.org>

(800) 950-6264

### **National Child Abuse Hotline**

Abuse and Protective Services

<https://www.childhelp.org>

(800) 422-4453

### **National Council on Alcoholism and Drug Dependence (NCADD)**

Mental Health and Counseling

Services, Substance Abuse, Support Groups

<https://www.ncadd.us>

(313) 865-8951

### **National Domestic and Sexual Violence Helpline**

Abuse and Protective Services,

Mental Health and Counseling

Services, Support Groups

<https://www.thehotline.org>

(800) 799-7233

### **National Eye Institute**

Vision Assistance

<https://www.nei.nih.gov>

(301) 496-5248

### **National Federation of the Blind**

Medical Equipment & Loan Closets

<https://www.nfb.org>

(410) 659-9314

### **National Human Trafficking**

Abuse and Protective Services,

Mental Health and Counseling

Services, Support Groups

<https://www.eeoc.gov/national-human-trafficking-resource-center>

(888) 373-7888

### **NeedyMeds**

Pharmacies & Prescription Assistance

<https://www.needymeds.org>

(800) 503-6897

### **Paralyzed Veterans of America**

Disability and Special Needs

Resources, Medical Equipment and

Loan Closets, Veteran Affairs

<https://www.michiganpva.org>

(800) 424-8200

### **Parkinson's**

Support Group

<https://parkinsonsmi.org/>

(800) 852-9781

### **Partnership for Prescription Assistance**

Pharmacies and Prescription Assistance

<https://www.pparx.org>

### **Poison Control**

Emergency and Disaster Services

<https://www.poison.org>

(800) 222-1222

### **Problem Gambling Help Line**

Support Groups

<https://www.ncpgambling.org>

(800) 522-4700

### **RAINN (Rape and Incest National Network)**

Abuse and Protective Services,

Mental Health & Counseling

Services, Support Groups

<https://www.rainn.org>

(800) 656-4673

### **Relay Center for Deaf/HOH**

Disability and Special Needs

Resources, Hearing Assistance

<https://www.ada.gov/resources/effective-communication>

7-1-1

### **RX Outreach**

Pharmacies and Prescription

Assistance

<https://www.rxoutreach.org>

(800) 769-3880

### **RxAssist**

Pharmacies and Prescription

Assistance

<https://www.rxassist.org>

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## NATIONAL AND STATE RESOURCES

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### **Safe Center Crisis Hotline 24/7**

Abuse and Protective Services  
<https://www.thesafecenter.org>  
(877) 952-7283

### **Social Security Administration**

Adult Aging Services, Disability and  
Special Needs  
<https://www.ssa.gov>  
(800) 772-1213

### **Stop It Now! Hotline**

Abuse and Protective Services  
<https://www.stopitnow.org>  
(888) 773-8368

### **Substance Abuse Hotline**

Substance Abuse, Support Groups  
<https://www.samhsa.gov>  
(800) 662-4357

### **Suicide Hotline**

Abuse and Protective Services,  
Mental Health and Counseling  
Services, Support Groups  
<https://www.988lifeline.org>  
9-8-8

### **The Trevor Project**

Abuse and Protective Services  
<https://www.thetrevorproject.org>  
(866) 488-7386

### **Third Level Crisis Line**

Abuse and Protective Services  
Legal Aid  
<https://www.cfsnwmi.org>  
(231) 946-8975

### **U.S. Office of Indian Education**

Tribal Services  
<https://oese.ed.gov/offices/office-of-indian-education/>  
(505) 563-5304

### **Unemployment Office Hotline**

Employment Assistance  
<https://www.michigan.gov>  
(866) 500-0017

### **USDA Rural Development**

Housing Assistance  
<https://www.rd.usda.gov>  
(517) 324-5190

### **Veteran Affairs**

Veteran Affairs  
<https://www.va.gov>  
(800) 698-2411

### **Veteran's Crisis Line**

Veteran Affairs  
<https://www.veteranscrisisline.net/>  
(800) 273-8255

### **Victim Connect (stalking hotline)**

Abuse and Protective Services  
<https://www.victimconnect.org>  
(855) 484-2846

### **Visiting Angels Living Assistance Services**

Adult Aging Services  
<https://visitingangelsfoundation.org>  
(800) 365-4189

### **Vocational Rehabilitation of Michigan**

Disability and Special Needs  
Resources  
<https://www.michigan.gov/leo/bureau-agencies/mrs>  
(800) 605-6722

### **WIC**

Food Pantries, Clothing  
and Household Items,  
Parenting/Pregnancy Resources,  
Support Groups  
<https://www.michigan.gov/mdhhs/assistance-programs/wic>  
(800) 942-1636

### **Women's Health Resources Line**

Parenting/Pregnancy Resources,  
<https://www.womenshealth.gov>  
(800) 994-9662

## REGIONAL RESOURCES



### Abuse & Protective Services

#### LACASA Center Howell MI

<https://lacasacenter.org/>

(866) 552-2725

#### Affirmations (LGBTQ+)

[www.goaffirmations.org](http://www.goaffirmations.org)

(248) 398-7105

#### CARE House of Oakland County

[www.carehouse.org](http://www.carehouse.org)

(248) 332-7173

### Adult Aging Services

#### Brighton Senior Center

<https://www.brightonseniorcenter.com/>

(810) 299-3817

#### Council on Aging St. Clair

<https://thecouncilonaging.org/>

(810) 987-8811

#### Howell Senior Citizens Center

<https://www.howellrecreation.org/senior-center>

(517) 545-0219

#### Macomb County Senior Services

<https://www.macombgov.org/departments/senior-services>

(586) 469-5228

#### Matrix Human Services

<https://www.matrixhumanservices.org/>

(313) 962-5255

#### Rochester Older Persons

##### Commission

<https://opccenter.org/>

(248) 656-1403

#### Seniors Helping Seniors Brighton

<https://seniorshelpingseniors.com>

Brighton (810) 229-6400

Lake Orion (248) 969-4000

#### Wayne County Senior Services

<https://www.waynecounty.com/departments/seniorservices/home.aspx>

(734) 326-5202

### Assisted Living

#### Angel Gardens Assisted Living

<https://angelgardensassistedliving.com/>

(734) 464-2772

#### Brighton Manor Senior Living

<https://comfortcaresl.com/communities/mi/brighton-michigan/brighton-assisted-living-and-senior-care-comfort-care-senior-living/>

(810) 247-8442

#### Crystal Creek Assisted Living

<https://crystalcreekliving.com/>

(734) 453-3203

#### Lakeshore Woods

[https://www.randallresidence.com/senior-living/mi/fort-gratiot/lakeshore-road/?utm\\_source=GBP&utm\\_medium=organic](https://www.randallresidence.com/senior-living/mi/fort-gratiot/lakeshore-road/?utm_source=GBP&utm_medium=organic)

(810) 375-3628

#### Michigan House Assisted Living - Riverview

<https://michiganhouseseniorliving.com/>

(734) 283-6000

#### Rose Senior Living – Clinton Twp

<https://clintontownship.rosesenioring.com/>

(586) 840-0840

#### TenderCare Assisted Living

<https://mitendercare.com/>

(248) 860-8818

#### The Inn at Cass Lake Waterford Township

<https://holidayseniorliving.com/retirement-communities/holiday-inn-at-cass-lake-waterford-mi/>

(248) 780-7724

#### Village Manor Retirement

<https://www.vmretirement.com/>

(810) 632-6200

#### Vista Springs of Howell

<https://www.prioritylc.com/communities/vista-springs-astounding-joy/>

(517) 540-1926

#### Woodwards Assisted Living

<https://www.friendsandfamilyinc.org/assisted-living/>

(586) 372-7099



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## REGIONAL RESOURCES

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### Disability Resources

#### Arc of Detroit

<https://www.arc-detroit.org/>

(313) 831-0202

#### Arc of Oakland County

<https://thearc.org/chapter/the-arc-of-oakland-county/>

(248) 816-1900

#### Arc of Western Wayne County

<https://thearcww.org/>

(734) 729-9100

#### Clarkston SCAMP

<https://www.clarkstonscamp.org/>

(248) 623-8089

#### Disability Network Wayne County

<https://disabilitynetworkwcd.org/>

(313) 923-1655

#### Michigan Developmental Disabilities

##### Institute at Wayne State University

<https://ddi.wayne.edu/>

(313) 577-2654

#### Michigan Rehabilitation Services

<https://www.michigan.gov/leo/bureau-us-agencies/mrs>

(810) 982-8571

#### Oakland University Center for Autism Outreach

<https://oakland.edu/oucares/about/>

(248) 370-2424

#### Services to Enhance Potential

<https://stepcentral.org/>

(313) 278-3040

### Emergency Services

<https://www.911.gov/>

**9-1-1**

#### Detroit Emergency Management

<https://detroitmi.gov/departments/homeland-security-emergency-management-detroit>

(313) 596-2590

#### DTE Energy Outage Reporting

<https://outage.dteenergy.com/>

(800) 477-4747

#### Farmington Hills Police Dept.

<https://www.fhgov.com/departments-services/police>

(248) 871-2600

#### Independence Fire Department

<https://www.indtp.com/departments/fire/index.php>

(248) 625-1924

#### Lake Orion Police Department

<https://www.lakeorion.org/police-department>

(248) 693-8321

#### North Oakland County Fire Authority

<https://www.nocfa.org/index.php>

(248) 634-4511

#### Oakland County Sheriff's Office

<https://www.oakgov.com/government/sheriff>

(248) 858-4951

#### Oakland Township Fire Dept.

[https://www.oaklandtownship.org/township\\_departments/fire\\_department/home.php](https://www.oaklandtownship.org/township_departments/fire_department/home.php)

(248) 650-8605

#### St. Clair County Emergency Management

<https://www.stclaircounty.org/Offices/12>

(810) 989-6965

#### Waterford Fire Department

<https://www.waterfordmi.gov/FAQ.aspx?QID=137>

(248) 673-0405

#### Wayne County Child Abuse Unit

<https://www.waynecounty.com/elected/prosecutor/child-abuse-unit.aspx>

(313) 224-5857

#### Wayne Co Emergency Management

<https://www.waynecounty.com/departments/hsem/emergency-management.aspx>

(734) 942-5289

### Financial Assistance

#### Jewish Family Services

<https://www.jfsdetroit.org/>

(248) 592-2300

#### Macomb Community Action

<https://www.macombgov.org/departments/macomb-community-action>

(586) 469-6999

#### Macomb County Treasurer

<https://www.macombgov.org/departments/treasurers-office#/>

(586) 469-5190

#### Oakland Livingston Human Service Agency

<https://www.olhsa.org/en-us/>

(517) 546-8500

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## REGIONAL RESOURCES

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### Salvation Army

<http://www.salvationarmy.org/>

Livingston (517) 546-4750

Mt. Clemens (586) 469-6712

Plymouth (734) 453-5464

Pontiac (248) 334-2407

Port Huron (810) 984-2679

Royal Oak (248) 585-5600

### Wayne Metropolitan Community Action Agency

<https://www.waynemetro.org/>

(313) 388-9799

### Employment Assistance

#### Aerotek Staffing Agency

<https://www.aerotek.com/en>

(248) 729-5053

#### Express Employment Professionals

<https://expresspros.com/keegoharbor/rmi/>

(248) 682-6500

#### Oakland Workforce Development

<https://www.oakgov.com/home>

(248) 858-5520

### Legal Assistance

#### Livingston County Court

<https://milivcounty.gov/courts/>

(517) 546-3060

#### Macomb County Circuit Court

<https://www.macombgov.org/departments/16th-judicial-circuit-court#/CircuitCourt-Home>

(586) 469-7171

#### Oakland County Circuit Court

<https://www.oakgov.com/government/courts/circuit-court>

(313) 256-9833

#### Wayne County Third Judicial Circuit Court

<https://www.3rdcc.org/>

(313) 833-1790

#### St Clair County Courts

<https://www.stclaircounty.org/Offices/9>

(810) 985-2005

### Libraries

#### Addison Township Library

<https://www.addisontwp.michlibrary.org/>

(248) 628-7180

#### Armada Free Public Library

<https://www.armadalib.org/>

(586) 784-5921

#### Auburn Hills Public Library

<https://www.ahplibrary.org/>

(248) 370-9466

#### Baldwin Public Library

<https://www.baldwinlib.org/>

(248) 647-1700

#### Berkley Public Library

<https://www.berkleymich.org/departments/library/index.php>

(248) 658-3440

#### Blair Memorial Library

<https://www.cityofclawson.com/your-government/library/index.php>

(248) 588-5500

#### Bloomfield Twp Public Library

<https://btpl.org/>

(248) 642-5800

#### Brandon Township Public Library

<https://www.brandonlibrary.org/>

(248) 627-1460

#### Center Line Public Library

<https://www.centerline.gov/202/Library>

(586) 758-8274

#### Chesterfield Township Library

<https://www.chelibrary.org/>

(586) 598-4900

#### Clarkston Independence Twp Library

<https://www.cidlibrary.org/>

(248) 625-2212

#### Clinton-Macomb Public Library

<https://www.cmpl.org/>

Main Library (586) 226-5020

North Branch (586) 226-5082

South Branch (586) 226-5072

#### Commerce Twp Library

<https://commercetwp.com/library>

(248) 669-8108

#### Dearborn Public Library

<https://dearbornlibrary.org/>

(313) 943-4091

#### Detroit Public Library

<https://detroitpubliclibrary.org/>

Bowen (313) 481-1540

Campbell (313) 481-1550

Chandler Park (313) 481-1560

Chaney (313) 481-1570

Douglass (313) 481-1700

Duffield (313) 481-1710

Edison (313) 481-1720

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## REGIONAL RESOURCES

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**Detroit Public Library cont.**

<https://detroitpubliclibrary.org/>

**Elmwood Park** (313) 481-1730

**Franklin** (313) 481-1740

**Hubbard** (313) 481-1750

**Jefferson** (313) 481-1760

**Knapp** (313) 481-1770

**Lincoln** (313) 481-1780

**Main** (313) 481-1300

**Parkman** (313) 481-1810

**Redford** (313) 481-1820

**Sherwood Forest** (313) 481-1840

**Wilder** (313) 481-1870

**Eastpointe Memorial Library**

[https://cityofeastpointe.net/departments/eastpointe\\_memorial\\_library/index.php](https://cityofeastpointe.net/departments/eastpointe_memorial_library/index.php)

(586) 445-5096

**Farmington Community Library**

<https://www.farmlib.org/>

(248) 553-0300

**Faust Public Library Westland**

<http://westlandlibrary.org/>

(734) 326-6123

**Ferndale Area District Library**

<https://fadl.org/>

(248) 546-2504

**Franklin Public Library**

<https://www.franklin.lib.mi.us/>

(248) 851-2254

**Fraser Public Library**

<https://www.fraserpubliclibrary.org/>

(586) 293-2055

**Harrison Township Public Library**

<https://www.htlibrary.org/>

(586) 329-1261

**Hazel Park Memorial Library**

<https://hazel-park.lib.mi.us/>

(248) 546-4095

**Highland Township Public Library**

<https://www.highlandlibrary.info/>

(248) 887-2218

**Holly Township Library**

<https://hollylibrary.org/>

(248) 634-1754

**Huntington Woods Library**

<https://huntingtonwoodslib.org/>

(248) 543-9720

**Lenox Township Library**

<https://www.lenoxlibrary.org/>

(586) 749-3430

**Lincoln Park Library**

<https://www.lincoln-parklibrary.org/>

(313) 381-0374

**Livonia Public Library System**

<https://livonialibrary.info/>

**Carl Sandburg** (248) 893-4010

**Bennett Civic Center** (734) 466-2491

**Vest Pocket** (734) 466-2559

**Lois Wagner Memorial Library**

<https://www.cityofrichmond.net/191/Lois-Wagner-Memorial-Library>

(586) 727-2665

**Lyon Township Public Library**

<https://lyon.lib.mi.us/>

(248) 437-8800

**MacDonald Public Library**

<https://www.macdonaldlibrary.org/>

(586) 725-0273

**Madison Heights Public Library**

<https://www.madison-heights.org/library>

(248) 588-7763

**Milford Public Library**

<https://www.milfordlibrary.info/>

(248) 684-0845

**Mount Clemens Public Library**

<https://www.mtclib.org/>

(586) 469-6200

**Northville District Library**

<https://northvillelibrary.org/>

(248) 349-3020

**Novi Public Library**

<https://www.novilibrary.org/>

(248) 349-0720

**Oak Park Library**

<https://www.oakparkmi.gov/departments/library/index.php>

(248) 691-7480

**Orion Township Public Library**

<https://www.orionlibrary.org/>

**Orion Twp.** (248) 693-3000

**Orion Center** (248) 693-6840

**Oxford Public Library**

<https://www.miopl.org/>

(248) 628-3034

**Plymouth District Library**

<https://plymouthlibrary.org/>

(734) 453-0750

**Pontiac Public Library**

<https://pontiaclibrary.org/>

(248) 758-3942

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## REGIONAL RESOURCES

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**Ray Township Public Library**

<https://www.raylibrary.org/>

(586) 749-7130

**Redford Township District Library**

<https://www.rtdl.org/>

(313) 531-5960

**Rochester Hills Public Library**

<https://rhpl.org/>

(248) 656-2900

**Romeo District Library**

<https://romeodistrictlibrary.org/>

Graubner (586) 752-0603

Kezar (586) 752-2583

**Romulus Public Library**

<https://www.romuluslibrary.org/>

(734) 942-7589

**Roseville Public Library**

<https://rosevillelibrary.org/wordpress>

(586) 445-5407

**Royal Oak Public Library**

<https://www.romi.gov/1532/Library>

(248) 246-3700

**Salem South Lyon District Library**

<https://ssldl.info/>

(248) 437-6431

**Shelby Township Library**

<https://www.shelbytp.org/government/departments/library>

(586) 739-7414

**Southfield Public Library**

<https://southfieldlibrary.org/>

(248) 796-4200

**Springfield Township Library**

<https://www.springfield.michlibrary.org/>

(248) 846-6550

**Sterling Heights Library**

<https://www.sterlingheights.gov/2136/Library>

(586) 446-2665

**St. Clair County Library System**

<https://stclaircountylibrary.org/>

Algonac-Clay (810) 794-4471

Burtchville Twp. (810) 385-8550

Capac Library (810) 395-7000

G Lynn Campbell (810) 982-9171

Ira Township (586) 725-9081

Main Library (810) 987-7323

Marine City (810) 765-5233

Marysville (810) 364-9493

Memphis (810) 392-2980

St. Clair (810) 329-3951

Yale Public Library (810) 387-2940

**St Clair Shores Public Library**

<https://www.scslibrary.org/>

(586) 771-9020

**Suburban Library Co-Op**

<https://libcoop.net/slc/>

(586) 685-5750

**Taylor Community Library**

<https://taylor.lib.mi.us/>

(734) 287-4840

**Troy Public Library**

<https://troypl.org/>

(248) 524-3538

**Walled Lake City Library**

<https://walledlake.ploud.net/>

(248) 624-3772

**Warren Public Library System**

<https://www.warrenlibrary.net/>

Burnette Branch (586) 353-0579

Busch Branch (586) 353-0580

Civic Center (586) 751-0770

Miller Branch (586) 751-5377

**Waterford Twp Public Library**

<https://waterfordmi.gov/1328/Library>

(248) 674-4831

**Wayne Public Library**

<https://www.wayne.lib.mi.us/>

(734) 721-7832

**West Bloomfield Library**

<https://wblib.org/>

Main Branch (248) 682-2120

Westacres Branch (248) 363-4022

**White Lake Township Library**

<https://www.whitelakelibrary.org/>

(248) 698-4942

**Wixom Public Library**

<https://www.wixomlibrary.org/>

(248) 624-2512

### Food Pantries, Clothing and Household Items

**All Saints Soup Kitchen & Food Pantry**

<https://www.ccsem.org/allsaints/>

(855) 882-2736 ext 7

**Blue Water Community Action**

<https://www.bwcaa.org/>

(810) 982-8541

**Capuchin Services Center**

<https://cskdetroit.org/>

(313) 579-2100

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## REGIONAL RESOURCES

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**Cass Community Social Services**

<https://casscommunity.org/>

(313) 883-2277

**Community Sharing**

<https://www.community-sharing.org/>

(248) 889-0347

**Downriver Community Food Pantry**

[https://www.wyandotte.net/community/community\\_assistance/index.php](https://www.wyandotte.net/community/community_assistance/index.php)

(734) 281-6733

**Family Impact Center Fowlerville**

<https://www.familyimpactcenters.com/>

(517) 223-4428

**Focus: HOPE Detroit**

<https://www.focushope.edu/>

(313) 494-5500

**Forgotten Harvest**

<https://www.forgottenharvest.org>

(248) 967-1500

**Friendship House**

<https://www.detroitfriendshiphouse.org/>

(313) 871-7443

**Furniture Bank of Southeastern****Michigan - Pontiac**

<https://www.furniture-bank.org/>

(248) 332-1300

**Gleaners Food Bank**

<https://www.gcfb.org/>

(313) 923-3535

**Kids Against Hunger**

<https://kidscoalitionagainsthunger.org/>

(248) 336-2559

**Livingston County United Way**

<https://lcunitedway.org/>

(810) 494-3000

**Michigan Senior Project FRESH**

<https://www.farmingtonfarmersmarket.com/Food-Assistance/Senior-Project-Fresh.aspx>

(248) 215-6307

**Mid-City Nutrition**

<https://midcitynutrition.org/>

(810) 982-9261

**Neighbor for Neighbor**

<https://www.neighborforneighbor.net/>

(248) 634-0900

**Nourishing Gardens Food Bank**

[https://nourishinggardens.org/contact\\_us.html](https://nourishinggardens.org/contact_us.html)

(734) 713-7715

**Open Door Outreach Center**

<https://opendooroutreachcenter.com/>

(248) 360-2930

**Rochester Area Neighborhood House**

<https://www.ranh.org/>

(248) 651-5836

**Samaritan House - Washington**

<https://www.samaritanhousemichigan.org/>

(586) 336-9956

**Samaritas Family Center Westland**

<https://www.samaritas.org/Building-Communities/Family-Center>

(734) 721-0590

**Southwest Solutions**

<https://www.swsol.org/>

(313) 963-6601

**United Community Housing Coalition**

<https://www.uchcdetroit.org/>

(313) 963-3310

**United Way of St. Clair County**

<https://www.uwstclair.org/contact>

(810) 985-8169

**Yad Ezra**

<https://www.yadezra.org/>

(248) 548-3663

### Housing Assistance

**Algonac Housing Commission**

<https://algonachousing.org/>

(810) 794-9369

**Alternatives for Girls**

<https://alternativesforgirls.org/>

(313) 361-4000

**Blue Water Cass Community Social Services**

<https://casscommunity.org/>

(313) 883-2277

**Blue Water Safe Horizons**

<https://bluwatersafehorizons.org>

(810) 989-5246

**Community Housing Network**

<https://communityhousingnetwork.org/>

(248) 928-0111

**COTS Homeless Shelter, Detroit**

<https://cotsdetroit.org/>

(313) 831-3777

**Covenant House Michigan**

<https://covenanthousemi.org/>

(313) 463-2000



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## REGIONAL RESOURCES

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**Detroit Rescue Mission**

<https://drmm.org/>

(313) 993-6703

**Grace Centers of Hope**

<https://gracecentersofhope.org/>

(248) 334-2187

**Harbor for Youth Port Huron**

<https://harboryouth.com/>

(810) 982-8584

**Haven Shelter for Women & Center**

<https://www.haven-oakland.org/>

(248) 334-1274

**Home Stretch Non Profit Housing**

<https://homestretchhousing.org/>

(231) 947-6001

**HOPE Hospitality & Warming Center**

<https://www.hopeshelters.org/>

(248) 499-7345

**HUD Field Office**

<https://www.hud.gov/>

(313) 226-7900

**Innovative Housing Development**

<https://innovativehousing.org/>

(810) 385-4463

**Lighthouse Emergency Services  
Housing**

<https://lighthousemi.org/>

(248) 920-6100

**Lighthouse Pontiac Area Transitional  
Housing**

<https://lighthousemi.org/services/transitional-housing/>

(248) 335-1950

**Livingston Co. Habitat for Humanity**

<https://www.livingstonhabitat.org>

(810) 220-9986

**Melvindale Housing Commission**

<https://www.melvindalehousingcommission.org/home.html>

(313) 429-1095

**Oakland County Community & Home  
Improvement**

<https://www.oakgov.com/community/neighborhood-housing-development>

(248) 858-0493

**Operation Get Down**

<https://operationgetdown.org/>

(313) 921-9422

**Port Huron Housing Commission**

<https://phhousing.org/>

(810) 984-3173

**Romulus Housing Commission**

<https://www.romulushousingcommission.com/>

(734) 729-5389

**Ruth Ellis Center LGBT**

<https://www.ruthelliscenter.org/>

(313) 252-1950

**South Oakland Shelter**

<https://lighthousemi.org/>

(248) 809-3773

**St. Clair Housing Commission**

<https://stclairhousingcommission.org>

(810) 329-9141

**The Noah Project**

<https://noahprojectdetroit.org/>

(313) 965-5422

**Turning Point**

<https://turningpointmacomb.org/>

(586) 463-6990

**Wayne County Emergency Rental  
Assistance**

<https://www.waynecounty.com/departments/econdev/emergency-rental-assistance.aspx>

(833) 742-1513

**Welcome Inn Day Center for the  
Homeless**

<https://www.sochwi.org/>

(248) 850-3219

### Healthcare Services

**Children's Special Health Care  
Services**

<https://www.oakgov.com/community/health/public-health-services/children-families/children-special-health-care-services-cshcs>

(248) 858-0056

**DHS Livingston County**

<https://www.michigan.gov/mdhhs/inside-mdhhs/county-offices/east-michigan/livingston-county>

(517) 548-0200

**Detroit Public Health STD Clinic**

<https://detroitmi.gov/departments/detroit-health-department/programs-and-services/sexually-transmitted-diseases-clinic>

(313) 577-9100

**Gilda's Club Metro Detroit**

<https://www.gildasclubdetroit.org>

(248) 577-0800

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## REGIONAL RESOURCES

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**Livingston County Health Dept**

<https://milivcounty.gov/health/>

(517) 546-9850

**Macomb County Health Dept**

<https://www.macombgov.org/departments/health-department>

(586) 469-5235

**Oakland County Health Division**

<https://www.oakgov.com/community/health/about/contact-us>

North Oakland (248) 858-1280

South Oakland (248) 424-7000

**Oakland County HIV/AIDS**

**Prevention & Control Services**

[https://www.oakgov.com/community/health/public-health-](https://www.oakgov.com/community/health/public-health-services/disease-prevention/hiv-aids)

[services/disease-prevention/hiv-aids](https://www.oakgov.com/community/health/public-health-services/disease-prevention/hiv-aids)

(248) 858-5416

**St. Clair County Health Dept**

<https://stclaircounty.org/PageBuilder/scchd/>

(810) 987-5300

**Waterford Teen Health Center**

<https://honorcommunityhealth.org/>

(248) 674-4876

### Clinics and Hospitals

**Advantage Health Center**

<https://ahcdetroit.org/>

(313) 835-5990

**Ascension Providence Rochester**

<https://healthcare.ascension.org/locations/michigan/miroc/rochester-ascension-providence-rochester-hospital>

(248) 652-5000

**Ascension St. John Hospital**

<https://healthcare.ascension.org/locations/michigan/midet/detroit-ascension-st-john-hospital>

(313) 343-4000

**Beaumont**

<https://www.beaumont.org/locations/beauont-hospital-grosse-pointe>

(313) 473-1000

**Children's Hospital of Michigan**

**Diabetic Clinic**

<https://www.childrensdmc.org/locations/detail/children's-hospital-of-michigan-alex-j-etkin-specialty-center---southfield>

(248) 351-7671

**Children's Hospital of Michigan**

**Pediatric Cancer/Hematology**

<https://www.childrensdmc.org/>

(313) 745-5437

**Community First Health Center**

<https://www.communityfirsthc.org>

(586) 749-5197

**Covenant Community Care**

<https://www.covenantcommunitycare.org/>

Detroit (313) 554-1095

Royal Oak (248) 556-4900

**Diabetes Care Centers at Henry Ford**

<https://www.henryford.com/about/community-health/wellness-resources/diabetes>

(313) 874-7495

**DMC Children's**

<https://www.childrensdmc.org/>

(313) 745-5437

**DMC Receiving Hospital**

<https://www.dmc.org/locations/detail/dmc-detroit-receiving-hospital>

(313) 745-3000

**East Riverside Health Center**

<https://www.dhcquality.org/>

(313) 822-0900

**Garden City**

<https://gch.org/>

(734) 458-3300

**Gary Burnstein Community Health Clinic**

<https://garyburnsteinclinic.org/>

(248) 309-3752

**Henry Ford**

<https://www.henryford.com/location/s/grosse-pointe>

(313) 640-1000

**Honor Community Health**

<https://honorcommunityhealth.org/health-centers/family-medicine-center/>

(248) 724-7600

**Hope Medical Clinic**

<https://thehopeclinic.org/>

(734) 710-6688

**HUDA**

<https://www.hudaclinic.org/>

(313) 865-8446

**Lake Huron Medical Center**

<https://mylakehuron.com/>

(810) 985-1500

## REGIONAL RESOURCES

### **Mercy Place**

<https://www.trinityhealthmichigan.org/about-us/community-health-and-well-being/health-clinics/mercy-place>  
(248) 333-0840

### **Neighbors Caring for Neighbors**

<https://www.henryford.com/locations/macomb/about/community-outreach/neighbors-caring-for-neighbors>  
(586) 649-6105

### **Surgeons Choice Medical Center**

<https://surgeonschoice.com/>  
(248) 423-5100

### **Select Specialty**

<https://www.selectspecialtyhospitals.com/locations-and-tours/mi/wyandotte/downriver/>  
(734) 246-5500

### **Trinity Health**

<https://www.trinityhealthmichigan.org/location/trinity-health-livonia>  
(734) 655-4800

### **Trinity Health Livingston Hospital**

<https://www.trinityhealthmichigan.org/location/trinity-health-livingston-hospital>  
(517) 545-6000

### **Vibra Hospital**

<https://vhsemichigan.com/about-us/the-taylor-campus/>  
(313) 375-7075

### **Wayne County Health Center**

<https://www.waynecounty.com/departments/hhvs/home.aspx>  
(734) 727-7101

### **Wayne Co. Healthy Community**

<https://www.waynecountyhealthy.com/>  
(313) 871-1926

### **The Wellness Plan – Northwest Medical Center**

<https://www.wellplan.com/>  
(248) 967-6500

### **Western Wayne Family Health Centers**

<https://wwfhc.org/>  
(313) 561-5100

## **Urgent Care**

### **1<sup>st</sup> Choice Urgent Care of Bloomfield Township**

<https://www.firstchoiceucc.com/>  
(248) 451-0933

### **Advance Urgent Care & Walk-In Clinic**

<https://www.advanceurgentcare.com>  
**Brighton** (810) 225-0086  
**Dearborn**(313) 582-0100  
**Hartland** (810) 632-0086

### **Ascension My Health Urgent Care**

<https://myhealthuc.com/home>  
**Bloomfield Twp** (248) 454-0442  
**Campbell Ave** (248) 850-8395

### **Beaumont Urgent Care**

<https://www.beaumonturgentcare.com/>  
**Farmington Hills** (248) 488-5900  
**St. Clair Shores** (586) 884-2727  
**Wayne** (734) 589-1254

### **Berkley Urgent Care & Telemedicine**

<https://www.berkeleyuc.com/>  
(248) 268-1525

### **Best Urgent Care and Telemedicine Redford Twp**

<https://urgentcareredfordmi.com/>  
(313) 948-3030

### **Bloomfield Urgent Medical Care**

<https://www.bloomfieldurgentmedicalcare.com/>  
(248) 247-7947

### **Blue Water Urgent Care**

<https://bluewateruc.com/>  
(810) 882-9373

### **Clinton Urgent Care Walk In Clinic**

<https://clintonurgentcare.com/>  
(586) 267-1334

### **Doctors Urgent Care Group**

<https://urgentcarecommercemi.com/>  
(248) 242-6049

### **Get Well Urgent Care Pontiac**

<https://getwellurgent.com/>  
(248) 900-9700

### **Howell Redi Care**

<https://howellredicare.com/>  
(517) 546-9200

### **MI Urgent Care Grosse Pointe Woods**

[https://nextcare.com/locations/mi/grosse-pointe/?utm\\_source=GoogleMaps&utm\\_medium=Local&utm\\_campaign=grosse](https://nextcare.com/locations/mi/grosse-pointe/?utm_source=GoogleMaps&utm_medium=Local&utm_campaign=grosse)  
(313) 499-6000

### **Pine Knob Urgent Care**

<https://www.pineknoburgentcare.com/>  
(248) 297-5282

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## REGIONAL RESOURCES

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### Roseville Urgent Care

<https://getwellurgent.com/>

(586) 872-2288

### MyHealth Urgent Care

<https://myhealthuc.com/home>

Shelby (586) 799-4082

Washington (586) 935-4000

### Springfield Urgent Care

<https://springfieldurgentcare.com/>

(586) 868-2600

### Sterling Heights Urgent Care

<https://www.urgentcaressterlingheights.com/>

(586) 978-1300

### Summit Urgent Care - Macomb

<https://summithealthpointe.com/>

(586) 598-8115

### Taylor Urgent Care

<https://walkinclinictaylor.com/>

(313) 768-5393

### Warren Urgent Care

<https://urgentcaremanagement.net/warren/>

(586) 276-8200

### WellNow Urgent Care

<https://www.wellnow.com/>

(810) 242-5139

### Westland Urgent Care

<https://www.urgentcarewestlandmi.com/>

(734) 578-0009

### Wyandotte Urgent Care

<https://wyandotteuc.com/>

(734) 299-0712

## Dental Resources

### Baker College Dental Hygiene

<https://www.baker.edu/about/get-to-know-us/news/low-cost-dental-services-available-at-baker-college-of-clinton-township/>

(586) 790-5238

### Covenant Community Care Family Dental Center

<https://www.covenantcommunitycare.org/dental>

(313) 554-3880

### Destiny Dental

<https://destinydentalcare.com/>

(313) 451-8304

### Detroit Mercy Dental

<https://dental.udmercy.edu/>

(313) 494-6700

### McAdoo Dental

<https://www.detroitmichigandentist.com/>

(313) 537-3800

### MyCare Dental Clinic

<https://www.mycarehealthcenter.org/dental>

(586) 467-0980

### My Community Dental Center - Warren

<https://www.mydental.org/>

Detroit (313) 571-2648

Port Huron (810) 984-5197

Warren (586) 759-2326

### My Detroit Dentist

<https://mydetroitdentist.com/>

(313) 871-1999

### New Haven Family Dental

<https://www.newhavendentalofmichigan.com/>

(586) 749-3333

### Portable Dental Services

<https://portabledentalservices.com/>

(586) 873-5567

### St. John Oral Surgery and Dental

<https://healthcare.ascension.org/doctors/1215950100/william-s-bloom-detroit-mi>

(313) 499-4775

### Vina Community Dental Center

<https://vinadental.org/>

(810) 844-0240

### Woodland Lake Family Dental

<https://woodlandlakefamilydental.com/>

(810) 229-6740

## Hearing Assistance

### Advanced Hearing of Brighton

<https://advancedhearingofbrighton.com/>

(810) 355-2245

### Epic Hearing Health Care

<https://www.epichearing.com/>

(866) 956-5400

### Hearing Life

<https://www.hearinglife.com/hearing-aids-centers/michigan/livonia>

(734) 237-3836

### Livingston Hearing Center

<https://www.livingstonhearing.com/>

(810) 632-0900

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## REGIONAL RESOURCES

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### Macomb County Hearing & Vision

<https://www.macombgov.org/departments/health-department/community-health-planning-and-promotion/hearing-and>  
(586) 412-5945

### Miracle Ear Hearing

<https://www.miracle-ear.com/>  
(313) 386-4264

### Professional Hearing Clinic

<https://professionalhearingclinic.com/>  
(810) 433-4575

### The Hearing Clinic Brighton

<https://hearingcliniconline.com/>  
(810) 225-2205

### Wayne State University Audio Clinic

<https://clas.wayne.edu/csd/clinics/audiology>  
(313) 577-0631

## Vision Assistance

### Acuity Eye Care

<https://acuityeyecaremi.com/home>  
(248) 360-4300

### Auburn Hills Eye Care

<https://auburnhillseyecare.com/>  
(248) 858-2223

### Birmingham Vision Care

<https://www.birminghamvision.com/>  
(248) 539-4800

### Brighton Eye Clinic

<https://primaryeyeandvisioncare.com>  
(810) 227-5640

### Cook & Hayden Vision Care

<https://cookandhayden.com/>  
(810) 227-2004

### Eyecare Connection - Highland

<http://www.eyecareconnection.com/>  
(248) 887-4175

### Heritage Optical Center

<http://heritageoptical.com/>  
(313) 863-9581

### Kellogg Eye Center Brighton

<https://www.umkelloggeye.org/our-locations/kellogg-eye>  
(734) 764-4190

### Kensington Ophthalmology

<https://youreyecare.net/>  
(810) 229-3363

### Kresge Eye Institute

<https://kresgeeye.org/>  
(313) 577-8900

### LO Eye Care

<https://www.loeye.com/>  
Fowlerville (517) 223-9988  
Howell (517) 548-3571

### Main Street Optometry Vision Source

<https://visionsource-pinckneymi.com/>  
(734) 878-7444

### Port Huron Eye Care

<http://www.porthuroneyecare.com/>  
(810) 989-7702

### Riverside Eye Center – East China

<https://www.riversideeyecenter.com/>  
(810) 329-9045

### SEEN Vision Care

<https://haveyoubeenseen.com/>  
(313) 278-7336

### St. Clair Eye

<https://www.stclaireye.com/>  
(810) 326-3937

### Vision Associates of Westland

<https://www.visionassociatesofwestland.com/>  
(734) 326-2160

### Vision Specialists of Michigan

<https://vsofm.com/>  
(248) 258-9000

### Vision Without Limits

<https://vwlcanton.com/>  
(734) 981-5820

## Medical Equipment and Loan Closets

### Able Orthopedics Port Huron

<https://www.ableorthopedics.com>  
(810) 985-8006

### Advanced Medical Solutions

<https://www.amsdme.com>  
Brighton (810) 225-7701  
Fowlerville (517) 223-8243  
Howell (517) 548-1443

### Binson's Medical Equipment

<https://www.binsons.com/>  
(734) 421-2041

### Hart Medical Equipment

<https://hartmedical.org/>  
Clarkston (248) 241-9290  
Clinton Township (586) 859-4042  
Detroit (313) 264-6003



## REGIONAL RESOURCES

### Medical Service Company

<https://www.medicalserviceco.com/>

(800) 824-1400

### Sheldon Medical Supply

<https://www.sheldonmedicalsupply.com/>

(800) 922-5101

### Specialty Medical Equipment

<https://specialtyhme.com/>

(877) 622-3023

### World Medical Relief

<https://www.worldmedicalrelief.org/>

(313) 866-5333

### Wright & Filippis

<https://www.firsttoserve.com/>

(586) 468-8289

## Pharmacies and Prescription Assistance

### Berkley Pharmacy

<https://berkleypharmacy.net/>

(586) 573-8300

### Canal Pharmacy

<https://stores.healthmart.com/canalpharmacy2405/stores.aspx>

(586) 439-3550

### Clarkston Pharmacy

<https://www.clarkstonpharmacy.com/>

(248) 625-8030

### Fowlerville Pharmacy

<https://www.fowlervillerx.com/>

(517) 223-9832

### Kroger Pharmacy

<https://www.kroger.com/health/pharmacy>

**Brighton** (810) 225-2275

**Clarkston** (248) 922-0468

**Hartland** (810) 991-2352

**Howell** (517) 552-0205

**Lincoln Park** (313) 386-5355

**Macomb** (586) 677-8730

**Pinckney** (734) 213-7980

**Waterford** (248) 673-4324

### Macomb Pharmacy & Wellness

<https://macombpharmacy.com/>

(586) 333-5526

### Meijer Pharmacy

<https://www.meijer.com/services/pharmacy/pharmacy-services.html>

**Auburn Hills** (248) 393-5110

**Rochester Hills** (248) 844-2810

**Royal Oak** (248) 280-5010

**Southfield** (248) 304-9510

**Waterford Twp** (248) 738-7810

### Orchard View Pharmacy

<https://www.orchardviewpharmacy.com/>

(586) 336-9552

### PharMor Pharmacy

<http://mypharmor.com/>

(313) 382-3802

### Port Huron Pharmacy

<https://porthuronpharmacy.com/>

(810) 989-5990

### Rite Aid Pharmacy

<https://www.riteaid.com/>

**Brighton** (810) 220-5840

**Harrison** (586) 463-8661

**Howell** (517) 546-8701

**New Haven** (586) 749-0009

**Pinckney** (734) 878-2047

**Pontiac** (248) 335-0602

**Port Huron** (810) 984-5108

**Richmond** (586) 727-9715

**Waterford** (248) 673-2059

### Walgreens

<https://www.walgreens.com/>

**Fraser** (586) 294-5463

**Lake Orion** (248) 393-2934

**Lincoln Park** (313) 928-8638

**New Baltimore** (586) 716-3187

**Port Huron** (810) 987-4679

**Rochester Hills** (248) 608-0643

**Southfield** (248) 356-1757

**Waterford** (248) 681-7636

## Rehabilitation

### Beaumont Rehabilitation Services

<https://www.beaumont.org/locations/rehabilitation-services-medical-center-west-bloomfield>

(248) 855-7411

### Henry Ford Rehabilitation

<https://www.henryford.com/>

**Bloomfield Twp** (248) 319-6180

**Chesterfield** (586) 421-3030

**Lowell Park** (586) 726-6400

### Ivy Rehab Physical Therapy

<https://www.ivyrehab.com/brand/ivy-rehab-physical-therapy/>

(248) 377-8220

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## REGIONAL RESOURCES

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**Maple Manor Rehab Center**

<https://maplemanorrehab.com/>

(248) 624-8800

**Mission Point Healthcare**

<https://missionpointhealthcare.com/>

(248) 940-5390

**Team Rehabilitation Physical Therapy**

<https://team-rehab.com/>

(586) 434-3720

**Wellbridge - Romeo**

<https://thewellbridgegroup.com/>

(586) 589-3800

**West Bloomfield Health & Rehabilitation Center**

<https://www.wbhrc.com/>

(248) 661-1600

### Mental Health and Counseling Services

**Abaris Behavioral Health**

<http://abarishealth.com/>

(586) 360-7745

**Ascension Eastwood Behavioral Health**

[https://healthcare.ascension.org/location/s/michigan/midet/detroit-ascension-eastwood-behavioral-health-at-moross?utm\\_campaign=gmb&utm\\_medium=organic&utm\\_source=local](https://healthcare.ascension.org/location/s/michigan/midet/detroit-ascension-eastwood-behavioral-health-at-moross?utm_campaign=gmb&utm_medium=organic&utm_source=local)

(313) 343-7230

**Association for Children's Mental Health**

<https://www.acmh-mi.org/>

(517) 372-4016

**Behavioral Center of Michigan**

<https://www.behavioralcenter.com/>

(586) 261-2266

**Blue Water Counseling**

<https://www.bluewaterclinic.com/>

(810) 985-5125

**Children's Center of Wayne Co.**

<https://www.thechildrenscenter.com/>

(313) 831-5535

**Counseling & Resource Center of Dearborn**

<https://counselingandresourcecenter.com/>

(313) 359-1977

**Detroit Wayne Mental Health**

<https://www.dwihn.org/>

(313) 833-2500

**Genesis House Fowlerville**

<https://www.genesisliv.org/>

(517) 223-1393

**Haven Crisis Center**

<https://www.haven-oakland.org/>

(248) 334-1274

**Havenwyck Hospital**

<https://havenwyckhospital.com/>

(800) 401-2727

**Joak Counseling & Behavioral Center**

<http://www.joakhomes.com/>

(586) 792-1654

**Life Stance Health**

<https://lifestance.com/>

(586) 777-9000

**Livingston County Community Mental Health Services**

<http://www.cmhliv.org/>

(517) 546-4126

**Macomb County Community Mental Health – Clinton Township**

<https://www.mccmh.net/>

(855) 996-2264

**Macomb Family Services**

<https://macombfamily.org/>

Clinton (586) 226-3440

Romeo (586) 752-9696

**Motor City Center for Hope**

<https://motorcityhope.org/>

(313) 694-3886

**Neighborhood House Rochester**

<https://www.ranh.org/>

(248) 651-5836

**Oakland Family Services**

<https://www.oaklandfamilyservices.org>

Berkley (248) 544-4004

Pontiac (248) 858-7766

Rochester Hills (248) 853-0750

Walled Lake (248) 624-3812

**Oakland U FCHS Counseling Center**

<https://www.oakland.edu/counseling/sehs-cc/>

(248) 370-2633

**Professional Counseling Center**

<https://pccporthuron.com/>

(810) 984-4202

**Professional Outreach Counseling Services**

<https://www.pocservices.org/>

(313) 292-7640

## REGIONAL RESOURCES

### Team Wellness Center

<https://teamwellnesscenter.com/>

(734) 324-8326

### The Center for Counseling

<https://thecenterforcounseling.net>

(586) 273-7095

### The Livingston Family Center

<https://livfc.org/>

(810) 231-9591

### Thriving Minds Behavioral Health

<https://www.thrivingmindsbehavioralhealth.com/>

(810) 225-3417

### Wayne State Psychology Clinic

<https://psychclinic.wayne.edu/about>

(313) 577-2840

## Substance Abuse

### iAmerical Medical/Substance Abuse/Behavioral Health

<https://www.iamericacenter.org/>

(313) 307-0088

### Brighton Center for Recovery

<https://www.bestaddictionrehab.com>

(844) 904-0166

### CARE of Southeastern Michigan

<https://www.careofsem.com/>

(586) 541-2273

### Community Programs, Inc

<https://substancerehabcenter.com/treatment-centers/michigan-mi/waterford/community-programs-inc-meridian-health-services/>

(248) 406-0090

### Complete Counseling Center

<http://completecounseling.org/>

(517) 546-4445

### Erie Area Al-Anon/Alateen Family Groups

<https://al-anon.org/>

(888) 425-2666

### Guest House

<https://guesthouse.org/>

(248) 391-3100

### Sacred Heart Rehabilitation Center

<https://www.sacredheartcenter.com/index.html>

(810) 392-2167

### Turning Point Recovery Center

<https://turningpointrecovery.org/>

(248) 334-7760

## Parenting/Pregnancy Resources

### AAA Pregnancy Resource Center

<https://aaapregnancyinfo.org/>

(734) 425-8060

### Care Net Pregnancy Center

<https://www.carenetberkeleydetroit.org/>

Detroit (313) 243-1267

Berkley (248) 545-6411

### Child Abuse and Neglect Council of Oakland County

<https://www.carehouse.org/>

(248) 332-7173

### Compassion Pregnancy Center

<https://compassionpregnancy.org/>

(586) 783-2229

### Detroit Parent Network

<https://www.detroitparentnetwork.org/>

(313) 309-8100

### Early On

<https://www.oakland.k12.mi.us/student-programs/early-childhood/early-on>

(248) 209-2084

### Family Life Services Clinic and Pregnancy Center

<https://flsfriends.org/>

(734) 434-3088

### Great Start Detroit/Wayne Co.

<https://www.greatstart.org/>

(734) 225-6616

### Great Start Livingston County

<https://greatstartlivingston.org/>

(517) 540-6829

### Judson Center Macomb

<https://www.judsoncenter.org/>

(586) 573-1810

### Livingston County Family Support

<https://milivcounty.gov/prosecutor/family-support/>

(517) 548-1444

### Livingston Family Center

<https://livfc.org/>

Howell (866) 440-7233

Pinckney (800) 994-9662

### Maternal & Infant Health Program

<https://stclaircounty.org/PageBuilder/scchd/Offices/575>

(810) 987-4903

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## REGIONAL RESOURCES

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### Noetic Health Michigan Infant Health Program

<https://www.noeticmi.com/mihp/>  
(877) 810-5639

**Oakland County Youth Assistance**  
<https://www.oakgov.com/government/courts/youth-assistance/administrative-offices>  
(248) 858-0051

**Planned Choices**  
<https://www.plannedchoices.net/>  
(313) 382-5941

**Pregnancy Aid Detroit**  
<https://www.pregnancyaiddetroit.org/>  
(313) 882-1000

**Pregnancy Help Clinic Brighton**  
<https://www.pregnancyhelpclinic.com/>  
(810) 494-5433

**Sienna Women's Health**  
<https://siennawomen.com/>  
(734) 519-6664

### Support Groups

**Breast Feeding**  
<https://breastfeedmacomb.weebly.com/mmm.html>  
(586) 469-6062

**Celebrate Recovery**  
<https://www.celebraterecovery.com/>  
(586) 791-1190

**Family Impact Center**  
<https://www.familyimpactcenters.com/>  
(517) 223-4428

**First Step**  
<https://www.firststep-mi.org/>  
(734) 722-6800

**Grieving Children**  
<https://aboutsandcastles.org/>  
(313) 874-6881

**Macomb County Suicide Grief**  
<https://www.mccmh.net/>  
(586) 307-9100

**Substance Abuse Youth**  
<https://www.careofsem.com/advocacy/project-vox/>  
(586) 541-0033

**Survivors of Suicide**  
<https://mari.umich.edu/events/survivors-of-suicide-support-group>  
(734) 936-5893

### Transportation

**Blue Water Area Transportation**  
<https://bwbus.com/>  
(810) 987-7373

**City Cab**  
<http://www.citycabporthuroninc.com/>  
(810) 984-4109

**Dial A Ride Mount Clemens**  
<https://mountclemens.gov/dialaride>  
(586) 469-7433

**Detroit Department of Transportation**  
<https://detroitmi.gov/departments/detroit-department-transportation>  
(313) 933-1300

**Downriver Community Conference Transportation**  
<https://dccwf.org/programs-and-services/transportation/>  
(734) 362-7070

**Freedom Ride Transportation**  
<https://freedomroadtransportation.org/>  
(248) 232-1259

**GoGoGrandparent**  
<https://gogograndparent.com/service/rides-for-seniors>  
(855) 464-6872

**LESA Transportation Department**  
<https://www.livingstonesa.org/programs-services/transportation-services>  
(517) 546-5550

**Livingston Essential Transportation Services**  
<https://milivcounty.gov/lets/>  
(517) 546-6600

**Modivcare**  
<https://www.myride2.com/>  
(866) 569-1902

**Loving Touch Transportation**  
<https://lovingtouchtransportation.com/>  
(586) 992-1024

**Macomb Area Transportation**  
<https://www.macombgov.org/departments/macomb-community-action/emergency-services/transportation-program>  
(586) 469-5225

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## REGIONAL RESOURCES

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### North Oakland Transportation Authority

<https://www.ridenota.org/>  
(248) 693-7100

### Richmond Lenox Medical Transportation

<https://www.macomb-mi.gov/DocumentCenter/View/1649/Community-Transit-Service?bidId=>  
(586) 749-7713

### SEMCOG Alternative Commute Program

<https://www.semcog.org/transportation-alternatives-program-tab>  
(313) 961-4266

### SMART

<https://www.smartbus.org/>

Clinton Twp. (586) 286-9476

Eastpointe (586) 445-5085

Roseville (586) 445-5085

St. Clair Shores (586) 498-2331

### Tri Hospital EMS – non emergency transport

<https://www.thems.org/>  
(810) 985-7115

## Veteran Affairs

### American Legion Post 382 St. Clair

<https://www.facebook.com/p/American-Legion-Auxiliary-Unit-382-St-Clair-MI-100064524916761/>  
(810) 329-2871

### Dearborn Vet Center

<https://www.va.gov/dearborn-vet-center/>  
(313) 277-1428

### Detroit Vet Center

<https://www.va.gov/detroit-vet-center/>  
(313) 822-1141

### Disabled American Veterans

<https://www.mi-dav.org/>  
Detroit (313) 964-6595  
Port Huron (810) 984-1684

### Health, Human & Veteran Services – Wayne County

<https://www.waynecounty.com/departments/hhvs/home.aspx>  
(313) 224-0810

### John D. Dingell VA Medical Center

<https://www.va.gov/detroit-health-care/>  
(313) 576-1000

### Livingston County Veteran Services

<https://milivcounty.gov/veterans/>  
(517) 546-6338

### Macomb County Veteran Services

<https://www.macombgov.org/vets-home>  
(586) 469-5315

### Oakland County Veteran Services

Pontiac  
<https://www.oakgov.com/government/veterans>

Pontiac (248) 858-0785

Troy (248) 655-1250

### Pontiac Vet Center

<https://www.va.gov/pontiac-vet-center/>  
(248) 874-1015

### St. Clair County Veteran Affairs

<https://sccvet.us/>  
(810) 989-6945

### VA Ann Arbor Healthcare System

<https://www.va.gov/ann-arbor-health-care/>  
(800) 361-8387

### Vets Returning Home

<https://www.vetsreturninghome.org/>  
(586) 285-5606



## YOUR WHERE TO GO GUIDE

# When you need medical care

Call 911 for emergencies.

### Doctor's Office



#### WHEN TO GO:

Routine checkups, screenings, immunizations, and preventive care  
Prescription refills/medications  
Referral to see a specialist  
Fever, cold/flu symptoms  
Chronic pain  
Mild backaches, sprains, toothaches  
Sore Throat/Cough/Earache  
Rashes

#### YOUR COST + TIME:

**(\$)** Coinsurance, copay and/or deductible  
Usually, lowest copay  
May need appointment  
Shorter wait times  
Doctor on call 24/7

### Telehealth



#### WHEN TO GO:

Allergies/Sinus Symptoms  
Fever, cold/flu symptoms  
COVID symptoms  
Headache/Earache  
Pink Eye  
Rashes/Hives/Insect Bites

#### YOUR COST + TIME:

**(\$)** Coinsurance, copay and/or deductible  
Cost similar to physician office visit  
Same-day appointments often available  
After-hours access available

### Urgent Care



#### WHEN TO GO:

Accidents/Falls  
Moderate backaches, sprains  
Mild breathing difficulty/Asthma  
Minor burns/cuts  
Minor injuries/fractures (fingers/toes)  
Eye irritation/redness  
Cold/flu symptoms with fever/sore throat  
Vomiting/Diarrhea  
Skin rashes/infections  
Feeling down/anxious

#### YOUR COST + TIME:

**(\$\$)** Cost lower than ER  
Same-day appointments and walk-in appointments available  
Wait times vary  
Call to confirm the urgent care facility accepts your insurance

### Emergency Room



#### WHEN TO GO:

Critical injuries or illness  
Sudden numbness/weakness  
Uncontrolled bleeding  
Seizure/loss of consciousness  
Shortness of breath  
Chest pain

#### YOUR COST + TIME:

**(\$\$\$)** Highest cost  
Open 24/7, no appointment needed  
Longer wait times  
Higher risk of exposure to infection  
Notify your physician if using ER services as soon as possible